



FIRST ANNOUNCEMENT



PDAC 25km Sunday 29th Jan 2012

Date: Sunday, 29 January 2012
Start: Waterfall Shopping Centre, Waterfall
Finish: PDAC Clubhouse, Lahee Park, Pinetown
Start time: **5am**
Entries: PDAC Club House Thur 26 January 17h00 – 19h00
 Sat 28 January 13h00 – 17h00
 At start in WATERFALL from 03h30 race day
Cut-off Time: 09h15
Entry fee: R50
Temp. Licence: R25

ROUTE: Inanda Rd from Waterfall to Hillcrest. Old Main Rd from Hillcrest to Gillitts. Everton, Igwababa, Abelia, Willingdon, Pioneer, Wyebank through Kloof. Glamis, Bosse, Bohmer, High, Campbell through New Germany. Glenugie, Copeland to Lahee Park Pinetown.

BUSES WILL DEPART FROM PDAC CLUBHOUSE AT 4am SHARP.
 Fare R30 to driver. FIRST COME, FIRST SERVED!

TOG BAGS: There will be a truck taking tog bags from the start to the finish.

T-SHIRTS AVAILABLE WITH PRE-ENTRY ONLY

Online entries: R50 without T-shirt : R85 with T-shirt (excluding admin fee)
Enter at www.enteronline.co.za (closes Thursday 19th January),
or at clubhouse on Thursday 19th January between 17h00 – 19h00.



MLT TRANSPORT
 CLEARING & FORWARDING



PRIZE MONEY

CATEGORIES		RUNNERS		WALKERS	
		MALE	FEMALE	MALE	FEMALE
OPEN	1st	R250	R250	R250	R250
	2nd	R100	R100	R100	R100
	3rd	R50	R50	R50	R50
35 – 39 YEARS	1st	R100	R100	–	–
40 – 49 YEARS	1st	R100	R100	–	–
50 – 59 YEARS	1st	R100	R100	–	–
60+ YEARS	1st	R100	R100	–	–

RACE RULES AND INSTRUCTIONS

1. Age restriction: 16 years and older.
2. 2012 licence numbers must be worn on front and back of vest/crop top and must be clearly visible.
3. Age category and walker tags must be worn on front and back of vest/crop top and must be clearly visible. Proof of age may be required.
4. Results will be posted on our website: www.pdac.co.za.
5. Prizes/money will only be given for the race you enter.
6. Temporary licences will be available for unlicensed entrants at R25 each.
7. Refreshment tables will be provided and no personal seconding will be permitted.
8. Participants who have not reached the cut-off point by 09h15 will be called off the road.
9. First Aid facilities available en route.
10. Coke and water provided at regular intervals.
11. The prize-giving ceremony will start at 09h00.
12. The race is run in strict accordance with the rules of the IAAF, Athletics South Africa and KwaZulu Natal Athletics.
13. Licensed athletes are covered by insurance. Refer to KZNA on 031 312 9374 for further details.
14. All foreign athletes must comply with IAAF Rule 4.2 and 142.
15. **Race officials, marshalls and traffic officers MUST be obeyed at all times.**



www.pdac.co.za